

UNIT 5 Listening practice

1 **4.10** Read descriptions A–C. Then listen to the introduction to the radio programme. What is the educational psychologist going to discuss?

- A The importance of exams.
- B How to reduce stress at exam time.
- C How animals are good for your health.

2 **4.10** Read questions 1–5. Then listen to the rest of the radio programme and choose the correct answers.

- 1 Why are some universities arranging for students to spend time with dogs?
 - A Dogs can help students to work harder.
 - B Dogs can help students to relax.
 - C It gives the dogs a chance to relax and play.
- 2 Linda says that some school students make things difficult for themselves by ...
 - A starting their revision too late.
 - B starting their revision too soon.
 - C being too calm before exams.
- 3 How can parents help their children to concentrate?
 - A Turn off their child's TV and music.
 - B Get noisy brothers and sisters out of the house.
 - C Leave their child alone.
- 4 What can parents do to help students' attitude to studying?
 - A Remind them how important exams are.
 - B Let them go out with their friends when they want.
 - C Reassure them that they can only try their best.
- 5 What does Linda say is the best way for schools to help students with their revision?
 - A Teach them revision methods and how to make an exam timetable.
 - B Give private lessons.
 - C Hold revision classes in school.

3 **4.10** Listen again and complete the sentences with a word or phrase from the radio programme.

- 1 Linda says that animals can have a effect on people.
- 2 When students realize they've started their revision too late, they often
- 3 Parents sometimes turn the TV and music off so that their child can study in
- 4 Linda suggests that parents offer their child regular and snacks.
- 5 Some students have parents who can afford to send them to

4 **4.10** Listen again and complete the sentences in your own words.

- 1 Spending time with dogs is good for university students because ...
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- 2 School students need to make a revision timetable so that ...
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- 3 School students might find it hard to study at home if ...
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- 4 Linda thinks that, in the few weeks before exams start, schools should ...
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